

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
<u>09.30-10.30</u> Pilates Felicia, Studio 3	<u>10.00-11.00</u> Step Workout NEU Julija, Studio 2	<u>17.00-17.50</u> Rücken Plus Jan, Studio 2	<u>17.00-17.50</u> Complete Body Workout Nuriye, Studio 2	<u>10.00-11.00</u> Yoga NEU Franzi, Studio 3	<u>10.00-11.30</u> Yoga Jatty, Studio 2	<u>10.00-11.00</u> Indoorcycling Sebastian, Studio 3
<u>17.00-18.00</u> Bauch Beine Rücken Po Andrea, Studio 2	<u>7.30-08.30</u> Yoga Esther, Zoom, 817/4365/0068	<u>18.00-19.00</u> Hot Iron 2 Jan, Studio 2	<u>18.00-18.50</u> Bellicon Health Nuriye, Studio 3	<u>16.30-17.30</u> Complete Body Workout Elke, Studio 2	<u>10.15-11.15</u> Bellicon Jumping Angelina, Studio 3	<u>10.15-11.15</u> Rücken Plus Felicia, Studio 2
<u>17.00-18.00</u> Cardio Power NEU Julija, Studio 2	<u>17.00-18.00</u> Pilates Laura, Studio 2	<u>18.00-19.00</u> Pilates Esther, Studio 3	<u>18.00-19.00</u> Hot Iron 2 Anna, Studio 2	<u>17.30-18.30</u> Langhantel Workout Elke, Studio 2		<u>11.15-12.15</u> Complete Body Workout Elke, Studio 1
<u>18.00-19.00</u> Indoorcycling Steffen, Studio 3	<u>17.30-18.30</u> Indoorcycling Gaby, Studio 3	<u>18.00-18.45</u> Functional Training Energy	<u>19.00-20.00</u> Yoga Maria, Studio 1	<u>17.30-18.30</u> Bellicon Jumping Dominic, Studio 3		<u>11.15-12.30</u> Yoga Felicia, Studio 2
<u>18.00-18.45</u> Functional Training Energy	<u>18.00-19.00</u> Complete Body Workout Laura, Studio 2	<u>19.15-20.30</u> Yoga Esther, Studio 2	<u>19.15-20.45</u> Fight Fitness Christian, Studio 2			
<u>18.00-19.00</u> Yogalates Ramona, Studio 2	<u>19.00-20.00</u> Zumba Cigdem, Studio 1	<u>19.15-20.15</u> Bellicon Jumping Linda / Julija, Studio 3	<u>19.00-20.00</u> Indoorcycling Anna, Studio 3			
<u>19.15-20.15</u> Mobility & Stretch NEU Steffen, Studio 3	<u>19.00-20.00</u> Langhantel Workout Julija, Studio 2		<u>20.00-21.00</u> Zumba Cigdem, Studio 1			
<u>19.15-20.15</u> Langhantel Workout Julija, Studio 2	<u>20.00-20.45</u> HIIT Tabata Cigdem, Studio 1					
	<u>20.00-21.15</u> Fight Fitness Christian, Studio 2					